



# Spiritual Technology Research Foundation

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## !! Announcement of 7 Days Online Camps !!

### SPIRITUAL TECHNOLOGY COURSE

(Preksha Dhyana, Yoga, Anupreksha etc)

Compatible with Modern Medical Science

For

### Prevention of COVID-19

A good news for the humankind reeling under the dreadful menace of pandemic COVID-19, Spiritual Technology which is found to be compatible with Modern Medical Science is now available as a panacea for prevention/cure of COVID-19.

We Spiritual Technology Research Foundation (STRF) announce a weekly Spiritual Technology Course available online. For all persons who are interested to boost the immune power, specially PNI (Psycho-Neuro-Immunology) through learning the millennia-old spiritual technology. This course will be efficient antidote to transmission/proliferation of Corona virus and other types of viruses.

A Registration fee of **Rs. 1000** (for resident Indians) or **USD 20** for others is to be paid to join this camp. All participants to register themselves through Online Registration Form along with sharing payment details. The registration for the course will be allotted based on **First come First Serve** basis as the capacity is **limited for 100 participants** only. Online link for the same shall be shared once the registration is complete. [Click Here](#) to Register.

#### Course Details:

A. **Instructor:** Shri Parasmal Dugar, Senior Preksha Trainer

B. **Schedule:**

1 <sup>st</sup> Camp - 28 <sup>th</sup> June 2020 to 4 <sup>th</sup> July 2020	2 <sup>nd</sup> Camp – 5 <sup>th</sup> July 2020 to 11 <sup>th</sup> July 2020
Time: Morning 8:30 to 9:15 am (Everyday)	

C. **Content Details:**

• Mudra Prayog (Palm Pose)	• Preksha Dhyana (Perceptive Meditation)
• Pranayam (Breathing Exercise)	• Anupreksha (Contemplation with Auto Suggestion)
The course is designed for development of positive attitude/emotions and annihilation of negative/destructive attitude/emotions in life together with boosting of immunity power.	

-: Organised By :-

**International Ahimsa Research and Training Institute of Spiritual Technology (I-ARTIST)**  
a unit of Spiritual Technology Research Foundation

**Dr. Pratap Sanchetee (MD)**  
Research Director

**Shri Ashok Kothari (IRS)**  
Protector, STRF

**Shri Pravin Dhariwal**  
Director